

# Video

## What is Office 365 Video

Office 365 Video is an **intranet website portal** where you can **post and view videos**. It's a streaming video service that is available with SharePoint Online in Office 365.

It is a great place to share videos of executive communications or recordings of classes, meetings, presentations, or training sessions, for example. Office 365 Video displays a thumbnail image of each video on the site. You just select a thumbnail to view a particular video.

## Helpful links

1. [Introduction to Office 365 Video](#)
2. [Create and manage a channel in Office 365 Video](#)
3. [Embed a video from Office 365 Video](#)
4. [Video formats that work in Office 365 Video](#)
5. [Find help about Office 365 Video](#)